Izmit - specific problems of Turkey;

1- inability to decide profession

2- inability to ask for help when they have problems and trying to solve it on their own.

3- early - young marriages

4- university exam system

5- adolescent issues

6- gender discrimination

7- not having enough time for entertainment at school and at home

8- family and environmental pressure

9- lack of self-confidence while studying for the exams

10- insomnia problems